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Sizes for making various items

Charts compiled by Bev Qualheim and friends!



[Hat sizes](#)

[Baby measurements](#)

[Foot Sizes](#)

[Sweater-measurements ages 2-14](#)

[Blanket sizes](#)

Head/hat Size Chart - knitted or crocheted hats *should be made about 1- 1 1/2" smaller around than the head* circumference, as the hats should stretch and sizes are not an exact science! If you make it, someone will fit into it. =)

April 2010 ~ Help with adding metric equivalents thanks to: Cynde Sadler

Dec 2011 ~ Children's Sweater measurements added

[Metric equivalent converter](#)

IMPORTANT! * Height given here is measured **BEFORE** you turn the brim up - from the bottom of the hat to the center top of hat. (This is **NOT** the actual height of the head as measurements assume you will be turning up a brim.) Hats can be made taller if you want a larger brim to fold up.

On newborn hats I plan to fold up about 1" for a brim, on adult hats I usually figure 2" - 3" or so for a brim, but this varies according to personal preference.

so for a prim, but this varies according to personal preference.

Preemies

(I have been told by many NICU nurses that [Bev's Baby Ribs hat](#) is ideal hat to knit for preemies and newborns because it has so much stretch and will fit several sizes of babies.)

1 -2 lbs 1kg

Baby's Head Circumference is 9" - 10" 23-25 cm (so hat circ. should be about 7.5" -8" 18-20 cm) Height of hat should be 3.5 - 4" 10cm

2 - 3 lbs 1.4 kg

Head Circumference 10" - 11 1/4" 25-28 cm hat circ = 8.5" - 10" 22-25 cm Hat height = 4" 10 cm

4 - 5 lbs 2 kg

Head Circumference 11 1/2" - 12 1/2" 28-33 cm hat circ = 9" - 11.5" 23-28 cm Hat height = 4 to 4.5" 10-11cm

5 1/2 - 6 lbs 2.7 kg

Head Circumference 12 1/2" - 13" 31-33 cm hat circ = 11" - 12" 28-33 cm Hat height = 5 to 5.5" 13-15 cm

Newborns

Head Circumference 13" - 14 " 33-36cm; hat circ = 11.5" - 13" Hat height = 5.5 to 6" 13-15 cm

Baby - 3 to 6 months

Head Circumference: 14" - 17 " 36-43 cm; Hat height= 6.5 - 7" 15-18 cm

Baby - 6 to 12 months

Head Circumference: 16" - 19 " 41-48 cm; Hat height = 7.5" 18 cm

Toddler - preschooler (12 months - 3 years)

Head Circumference: 18" to 20 " 46 -48 cm; Hat height = 8" 20 cm

Child (3 - 10 years)

Head Circumference: 19" - 20 1/2" 48-51 cm; Hat height =8.5" 22cm

Pre-teens and Teens Hat

Head Circumference: 20 1/2" - 22" 53 -56 cm; height 9-10" 25 cm

Adult Woman

Head Circumference: 21.5" - 22.5" Hat height = 11"

Adult Man

Head Circumference: 23" - 24" 58.4 cm - 61 cm; Hat height = 11"-11.5"

Here are some more [baby](#) measurements you might find helpful.

Used with permission of Melinda Gorley

1-3 LBS ½-1½ kg

NECK TO FEET: 10 1/2" 26 cm

WRIST TO WRIST: 10 1/2" 26 cm

CIRCUMF. BOTTOM OF NECK: 3" 8 cm

CHEST: 8" 20 cm

HEAD: 10" 25 cmFEET: 1 1/2" - 2" 5-6 cm

(anything smaller is hard for the nurses to get on the babies' feet)

3-5 LBS 1½ - 2 kgNECK TO FEET: 14 1/4" 36 cmWRIST TO WRIST: 12 1/2" 32 cmCIRCUMF. BOTTOM OF NECK: 3 1/2" 9 cmCHEST: 10" 25 cmHEAD: 12 1/2" 32 cmFEET: 2 1/2" - 3" 7-8 cm**6-8 LBS** 2½ - 3½ kgNECK TO FEET: 14 1/2" 36 cmWRIST TO WRIST: 14 1/4" 36 cmCIRCUMF. BOTTOM OF NECK: 4 1/2" 12 cmCHEST: 11 1/2" 29 cmHEAD: 13 1/2" 35 cmFEET: 3" - 3 1/2" 8-9 cm**9-11 LBS** 4-5 kgNECK TO FEET: 17" 43 cmWRIST TO WRIST: 16" 41 cmCIRCUMF. BOTTOM OF NECK: 5 1/2" 14 cmCHEST: 14 1/2" 37 cmHEAD: 14 1/2" 37 cmFEET: 3 1/4" - 3 3/4" 8-10 cm

For Babies smaller than 1 lb (these would be for burial items)

[Thanks to Leah Goldberg for these measurements](#)

age - 20 weeks gestation

weight - 8 - 9 oz,

head circ - 5.5" to 6"

chest circ - 6"

foot length - 1.25"

top-of-head-to-heel - 8" - 9.25"

neck circ - about 2-3"

[And thanks to Jessica Dostie for the measurements on her 27 weeker preemie](#)

Head Circ - 9"

Tummy at 2 lbs weight - 9"

[Excellent Size chart from Heartfelt Angels](#)

****Larger baby and toddler measurements**

2-3 yr old head measurement = 20"

** Good chart from [Simplicity Sewing](#)

Bev's Grandson's Measurements at 12 weeks old



Head around = 16"

Chest = 16.5"

Foot = 3.75"

Tummy around belly button = 15"

Arm shoulder to wrist = 9"

Hip bone to knee = 5.5"

Knee to ankle = 4.5"

Hip bone to ankle = 10"

Around fist = 5"

Wrist to tip middle finger = 3"

Please know that Babies vary greatly in dimensions so most sizes will fit someone.

Foot Sizes



Foot Size Chart for babies

Preemies

1-2"

1-2 lbs

Foot Length 1" - 1 3/4" 2½-4 cm

2-3 lbs

Foot Length 2" - 2 1/2" 4-5 cm

3-5 lbs

Foot Length 2 1/2" - 3" 5-7 cm

5-7 lbs

Foot Length 3" - 3 1/2" 7-9 cm

7-9 lbs

Foot Length 3 1/4" - 3 3/4" 9-10 cm (most needed size for newborns)



OLDER KIDS FEET

For older kids and adults, feet vary so much in size, you will need to measure each persons foot to be more accurate.

3 -6 months

Foot Length 4" - 4.5" 10-12 cm

6 months - 1 year

4.25" - 4.75" 12-13 cm

18 months - 2 years

Foot Length 4.5" - 5.5" 13-14 cm

2 years - 4 years

Foot Length 5.5" - 6" 14-15 cm

5-8 years

Foot Length 6" - 7" 16-18 cm

12 years

Foot Length 7" - 8.5" 18-21 cm

Adult WomanFoot Length 8" - 11" 20-27 cm(I wear a size 9.5-10 (European 42) women's shoe and my foot measures 10.5" 26 cm not standing on it.)**Adult Man**Foot Length 10" - 12" 25-36 cm(My son wears a 12.5 (European 46) shoe and his foot measures 11.25" 27 cm long not standing on it.)I found [this SOCK ANALYSIS CHART](#) that lists so much information about sock sizes for all ages!

Approximate Sweater Measurements- remember children vary in height and width but these are meant to be a guideline. If you are making these for humanitarian causes, the sweater you make will fit someone:

Size in years:

Age 2-3: Chest - 22" Back neck to waist - 9" Sleeve - 12.25 -13"**Age 4-5:** Chest - 24" Back neck to waist - 11" Sleeve - 15"**Age 6-7:** Chest - 27" Back neck to waist - 12" Sleeve - 16.5"**Age 8-9:** Chest - 29" Back neck to waist - 13" Sleeve - 17.5"**Age 10-11:** Chest - 30" Back neck to waist - 14.25" Sleeve - 18"**Age 12-13:** Chest - 32" Back neck to waist - 15.25" Sleeve - 21"**Age 14:** Chest - 34" Back neck to waist - 15.5" Sleeve - 24"



Blanket Sizes (approximate) For preemies, blankets without 'holes' are best.

Small Preemie: 18" - 20" square 45 cm - 50 cm square

Medium Preemie: 20" - 22" square 50 cm - 56 cm sq

Large Preemie: 22" - 30" square 55 cm - 75 cm sq

Full Term Baby: 32" - 36" square 80-90 cm sq

Baby 30" x 36" = crib sized (6" granny squares= 5 across x 6 down ~ 30 sq)

Children 42"x 48" (6" squares= 7 across x 8 down ~ 30 sq)

Lapghan often used in seniors homes 36" x 48" (6" squares= 6 across x 8 down ~ 48 squares)

Adult Afghan (Will fit across top of bed) 48" x 72" = twin sized. (6" squares= 8 across x 12 down ~ 96 squares)

Adult Double Bed (Will fit across top of bed and over just a bit) 60" x 84" = full sized. (6" squares= 10 across x 14 down ~ 160 squares)

I recommend crocheting a double crocheted or shell crocheted edge around each blanket to finish it nicely.

Most places that serve others won't need these size mattress covers, but some of you might for family etc. These are the actual mattress sizes though and not the blanket sizes. You will need to make the blankets at least 6" wider and longer so they fit over a person when laying on the bed. In fact a foot larger would be more comfy!

Queen Mattress 60" wide x 80" long

Cal-King Mattress 72" wide x 84" long

King Mattress 76" wide x 80" long

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